

LabSiRG:

DEBRIEFING

LabS⚡RG

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DECLARATIONS

- Grants/Research Support: NONE
- Speakers Bureau/Honorarium: NONE
- Consulting Fees: NONE
- Other: NONE

OBJECTIVES

- Introduce you to debriefing
- Describe the power of debriefing
- Share the phases of debriefing
- Describe Dos and Don'ts of debriefing
- Discuss the difficult debrief
- Share our debriefing experience

Ernesto Yturralde, experiential trainer and researcher, explains:

"In the field of experiential learning methodology, the debriefing is a semi-structured process by which the facilitator, once a certain activity is accomplished, makes a series of progressive questions in this session, with an adequate sequence that let the participants reflect what happened, giving important insights with the aim of that project towards the future, linking the challenge with the actions and the future."

<http://www.debriefingtools.com/>

STAGES OF SIM

Pre-Brief

- Sets the Stage

Scenario

- Simulation

De-Brief

- Reflection and Learning

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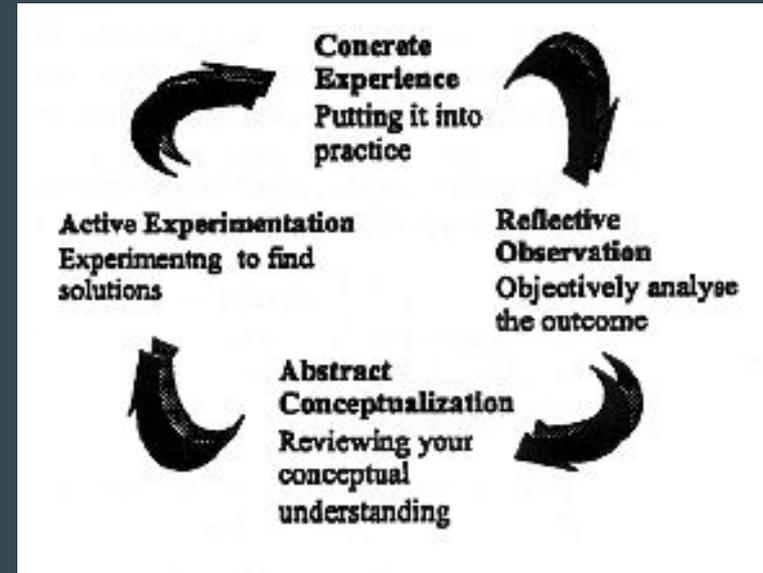
- Reflection and Learning

DEBRIEFING AND LEARNING

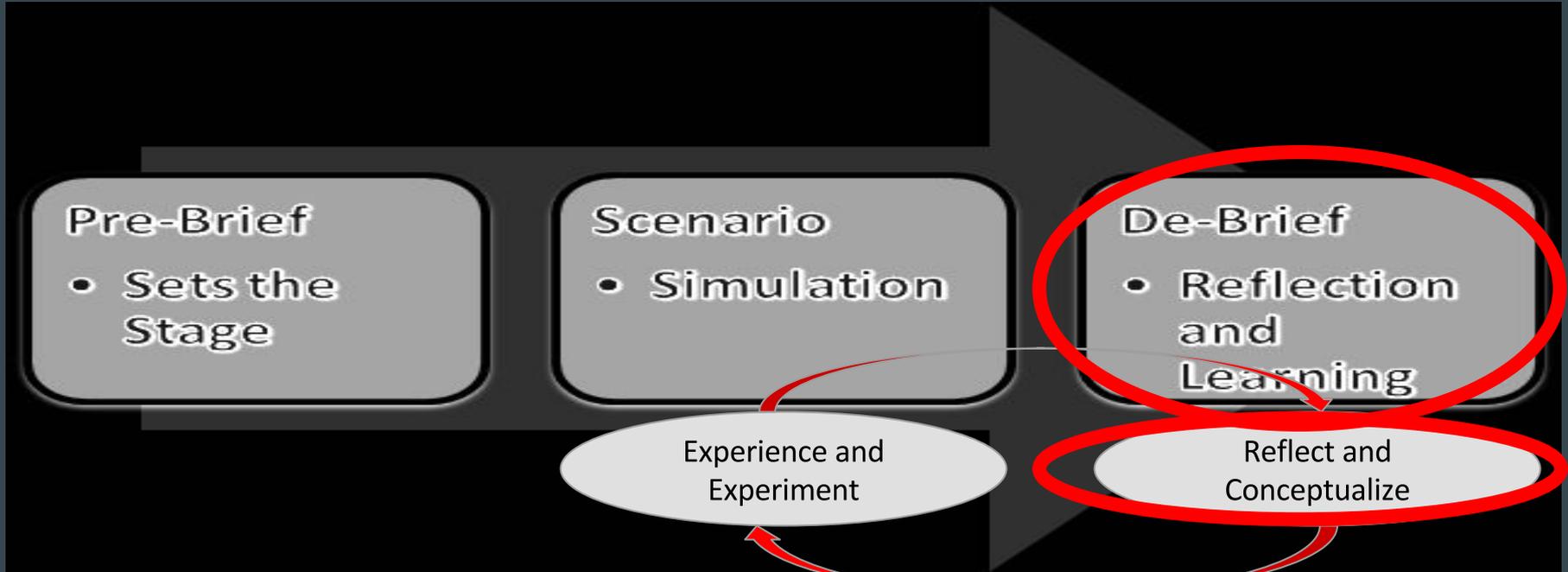
- Adults learn best by:
 - Having a meaningful experience
 - Being able to reflect on the experience
 - Learning in context

DEBRIEFING AND LEARNING

- Rooted in Educational Research
- Reflection/Conceptualization
- Kolb
 - Cycle of experiential learning

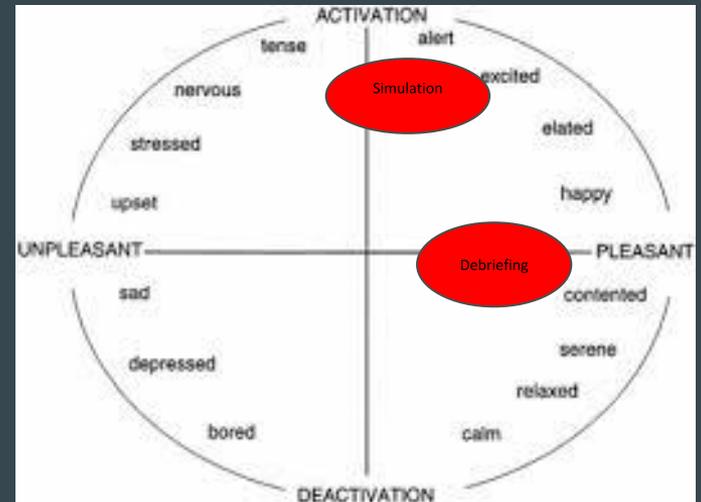


DEBRIEFING AND LEARNING



DEBRIEFING AND LEARNING

- Sim, specifically debriefing, provides just enough stress for learning
- Pleasant Activation
 - Circumplex Model of Affect

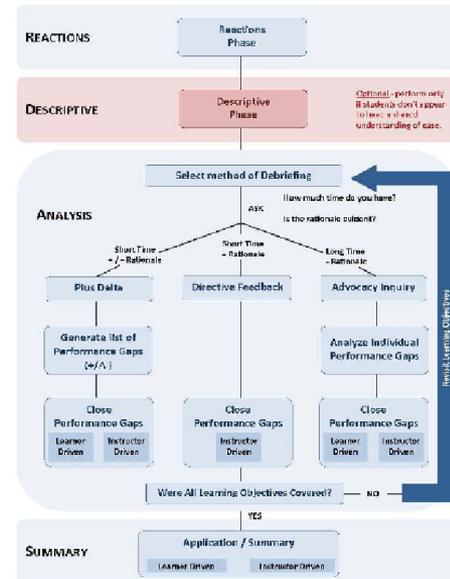


DEBRIEFING AND LEARNING

- It should be noted:
 - Having an experience does not always = learning
 - Experiential learning happens through reflection, action and sense-making
 - This is where the debrief comes in

PHASES OF DEBRIEFING

- FOUR PHASES
 - Reactions phase
 - Description phase
 - Analysis phase
 - +/▲
 - Directive
 - Advocacy/Inquiry
 - Summary



DOS AND DON'TS OF DEBRIEFING

- DO...
 - Setting
 - Safe, comfy, another debriefer
 - Tools
 - Use debrief tool if needed
 - Mind set
 - Assume the best, safety, allow for silence
 - Ending
 - Summarize
 - After
 - Evaluate yourself and scenario

DOS AND DON'TS OF DEBRIEFING

- DON'T...
 - Setting
 - Sit across like us vs them
 - Tools
 - Use the wrong tool
 - Mind set
 - Ask why, make a day of it
 - Ending
 - Prolong
 - After
 - Triangulate

THE DIFFICULT DEBRIEF

- Archetypes
 - Overconfident
 - Upset/sensitive
 - Quiet
 - Defensive

QUESTIONS?

<http://www.labsirg.com/>

THANK YOU!